

# House Of Tulsi



**Tulsi plant care guide**

Congratulations on your  
purchase!

You have not just bought a  
plant. Rather you are taking  
home a rejuvenating  
self-healing kit that will nourish  
your body, mind and heart.

Live blessed and well,

**Vinodha**

## **What is Tulsi?**

Tulsi (pronounced *Tool-see*) or Holy Basil is regarded as the most sacred plant in India for its healing and medicinal properties. Hindus revere Tulsi as the embodiment of Goddess Lakshmi and the epitome of purity. Tulsi has been used in Ayurveda for thousands of years and promotes wellness.

## **What are the uses of Tulsi?**

As an adaptogenic herb, Tulsi releases a fragrance that purifies air and dissipates stress. Having Tulsi in your home will transform your home into a temple of peace and calm. Pick a leaf off the tree and eat it or boil the leaves and enjoy as an invigorating cup of tea.

# **Plant Care Tip #1**

## **Location**

Keep the plant away from strong weather conditions while still young (preferably indoors in a place with fresh air and partial sunlight). The entrance to your house is most ideal, if possible.

## **Plant Care Tip #2**

### **Water**

Ensure the soil is kept moist but not drenched with water. Water your plant with about 100ml every 2 – 3 days.

## **Plant Care Tip #3**

### **Growth**

Prune any yellowing/drying leaves and the leaves at the top of the plant if they start to bunch up. This will encourage plant growth. Re-pot once plant outgrows its pot.



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